



OLYMPIC MOUNTAIN RESCUE NEWSLETTER

A volunteer organization dedicated to saving lives through rescue and mountain safety education
November 2004

Meeting

Next meeting : Tuesday, November 9th; The topic will be orienteering, Instructor - John Ellsworth.

Training

Upcoming : Thursday, November 18th **and** Saturday November 20; Land Navigation.

Missions

There were no new missions for October as of this printing.

New Rescuer

During the September board meeting Christopher Claesson was voted up to full rescuer status. Congratulations Christopher on a well earned promotion.

Election Time

It is that time of the year again to vote for two new board members. This is a chance for you to decide who gets to run our group. The two vacancies are the spots currently held by Dale Boyle and Steve Leslie. Dale has decided not to run again and Steve has stated that he will run if nominated. Nominations will be held during the November and December general meetings, with the vote being conducted at the December meeting. Come on down and let your voice be heard on who you want on the board.



John Ellsworth will be conducting Land Navigation Training like last year in two parts. The classroom session will be Thursday night November 18th from 6pm-9pm at the fire hall, with the follow up field session on Saturday the 20th starting at 9am. If you do not plan on attending, and have a Garmin 12 GPS John Ellsworth can borrow, please call him at 360-779-5382. The field session will be held as usual, in the clear cuts behind his home (directions are included at the end of this article). The classroom session covers basic map and compass skills along with detailed GPS operations. GPS operations will include creating way points, back track features, and route creation. The GPS work will focus on the operation of the Garmin 12 model as it is the model maintained by the unit. If you plan on using a different GPS other than the Garmin 12, please review these features before hand, as we will not have time to cover the operation of other models. Please bring a compass, your GPS and several pencils to class. For Saturday's session, bring a rescue pack including rain gear. Even if the weather holds, the rain gear will be useful for crashing the bushes as teams search out a series of way points. If all goes well, we should be wrapping things up by 2pm Saturday afternoon. Directions to Saturdays Training: From the South, go north on Bond Road toward the Kingston Ferry. Just after the Vern's Top Soil Supplies, Turn right on to Gunderson Road and follow it all the way to the end. Turn left onto Miller Bay Rd and make the next immediate right onto Indianola Rd. Go about 1 mile and make a left hand turn onto Beachwood Ave (there is a sign for Miller Bay Estates). Go up Beachwood to the 4-way stop and make a left onto

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Seavista Ave. Go all the way to the end and make a right on to Seawind Ave. John's house will be the second on the left with the ongoing construction (new kitchen). From the Olympic Peninsula, cross the Hood Canal Bridge and go left into Hansville and continue on till Bond Road. Go left toward Kingston and make a right hand turn at the intersection with Albertson's and all the chainsaw art. At the second left hand turn that is paved, turn left onto Indianola Rd and then follow the directions above.

Written by John Ellsworth

Rigging For Rescue

Every year or so OMR sends a couple of our ambitious people to Canada or Colorado, to attend Rigging For Rescue. This an in depth class, which provides the latest in rescue techniques. Our goal is to have the people that we send bring home any new information so we can incorporate it into our trainings.

In years past, the people we have sent to this training have had an edge on the other students, due to the type of training that we do. This speaks a lot for the way that we train.

This year Sarah Armstrong and Shawn Herndon were chosen to go to this excellent training. Have fun you two and do us proud.

Past Rigging

On October 16th, an advanced rigging training was given up at Lake Cushman. This was one of the best trainings that we have had in long time. This is according to several of the people who attended.

Everyone who attended was rotated through several rescue scenarios. This included picking a subject off a verticle wall, with modified litter rigging, and the use of a tracking line to assist with moving a litter over uneven terrain.

A major reason as to why the training went so well was that everyone knew who was in charge and what was expected to happen during each of the training scenarios. Also, thanks goes to Andy Graham and Christopher Claesson, the instructors for this outstanding training.

Snow in the Mountains

On the few clear days we have had lately, you have no doubtedly seen the snow in the mountains. This, among other things, means that the winter standby season is nearly upon us. This is your chance to not only spend time in the mountains but to help out the Rangers at Hurricane Ridge. Included in this newsletter is a copy of the standby roster. Please sign up for one or both days on a couple of different weekends. Information and guidelines will be included in the next newsletter. Be aware that the 3rd day is not included on most of the three day weekends. This will be amended at a later date. If you are not going to be coming to the next couple of meetings give John Stieber a call to get your name down for the weekends that you would prefer.

Knots

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| BUTTERFLY | CARRICK | CLOVE HITCH |
| FIGURE EIGHT | FISHERMAN | HALF HITCH |
| KNOT | PRUSIK | ROUND |
| SHEET BEND | SQUARE | WATER |